



National Nutrient Database for Standard Reference  
Release 28 slightly revised May, 2016

Statistics Report 09528, Ruby Red grapefruit juice blend (grapefruit, grape, apple), OCEAN SPRAY, bottled, with added vitamin C

Report Date: July 01, 2017 01:40 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water <sup>1</sup>	g	88.60	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Energy	kcal	44	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Energy	kJ	183	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Protein <sup>1</sup>	g	0.50	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Total lipid (fat)	g	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	09404	05/2015
Ash <sup>1</sup>	g	0.27	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Carbohydrate, by difference	g	10.53	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Fiber, total dietary <sup>1</sup>	g	0.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Sugars, total <sup>1</sup>	g	10.30	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Sucrose <sup>1</sup>	g	1.80	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glucose (dextrose) <sup>1</sup>	g	3.80	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Fructose <sup>1</sup>	g	4.70	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Lactose <sup>1</sup>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Maltose <sup>1</sup>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Galactose <sup>1</sup>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
<b>Minerals</b>													
Calcium, Ca <sup>1</sup>	mg	10	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Iron, Fe <sup>1</sup>	mg	0.14	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Potassium, K <sup>1</sup>	mg	94	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Sodium, Na <sup>1</sup>	mg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid <sup>1</sup>	mg	49.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Vitamin A, RAE	µg	6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Carotene, beta <sup>1</sup>	µg	77	4	4.468	67	89	3.0	63.132	91.568	1	Analytical or derived from analytical	--	05/2015
Vitamin A, IU	IU	129	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Lycopene <sup>1</sup>	µg	116	2	--	99	133	1.0	--	--	1	Analytical or derived from analytical	--	05/2015
<b>Lipids</b>													
Fatty acids, total saturated <sup>1</sup>	g	0.008	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Fatty acids, total monounsaturated <sup>1</sup>	g	0.008	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Fatty acids, total polyunsaturated <sup>1</sup>	g	0.014	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Fatty acids, total trans <sup>1</sup>	g	0.002	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015
Cholesterol <sup>1</sup>	mg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2015

Sources of Data

<sup>1</sup>Ocean Spray Cranberries, Inc. Nutrient composition of Ocean Spray products, 2015